



# YOUR MASK IS NOW MORE IMPORTANT THAN EVER

Face masks are a critical tool in the fight against COVID-19 and help reduce the spread of the coronavirus by preventing potentially infectious respiratory droplets from reaching others. As vaccine distribution begins nationwide, masks are now more important than ever to stop the pandemic.

The Centers for Disease Control and Prevention recommends that masks:

- should be two or more layers thick
- should be breathable and fit snugly on the face
- are not a replacement for practicing physical distancing from others, staying home, or washing your hands
- should not be worn by children under age 2 or by anyone who has trouble breathing, is unconscious, incapacitated, or cannot remove the mask without assistance



## IT'S NOT TOO MUCH TO MASK



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